



FAQs for Genetic Counseling for Roche Harmony Genetic Test

Who is a candidate for genetic counseling?

Any patient who receives a Harmony Prenatal test result (high probability, low probability, or inconclusive result) is a candidate to receive genetic counseling through GeneMatters.

What will be covered in the session?

During the 30-minute telephone counseling session, the patient can expect to discuss results of their Harmony Prenatal Test in detail. The counselor will help interpret the patient's test result, provide information about associated risks and discuss additional testing options.

What type of follow-up is given after the session to the doctor's office and patient?

Following the session, GeneMatters will provide a summary report of the discussion to both the referring physician and the patient. The report will be sent to the referring physician via FAX. Patients will be sent an e-mail with a link to access their report on GeneMatters HIPAA-compliant portal. This report can be used to further aid in discussions between the physician and patient.

What languages are available for genetic counseling?

GeneMatters provides on-staff genetic counselors in English, Spanish and Arabic. Up to 240 other languages can be supported through an interpreter service.

How long does it take to book an appointment?

Patient is contacted to schedule a telephone appointment with a GeneMatters genetic counselor, generally within 24 hours of receipt of the FAX referral form.

What needs to be sent to GeneMatters to book an appointment?

The referring provider will use the referral form and FAX the following to GeneMatters at: 612-808-5186

- Signed provider referral form
- Signed patient consent form
- Harmony Prenatal Test results
- Ultrasound reports (if available)



What are options for obtaining the patient's consent?

The referral form includes a patient consent form that the patient should sign at the time of referral for genetic counseling. Realizing that the patient may not be in the physician's office at the time of referral to sign the consent form, there are two other options:

1. At time of test ordering, physician can have patient sign the consent form to keep on file in case genetic counseling is needed. The physician would send it with referral form.
2. If patient isn't able sign the consent form in person, the physician can indicate "not available to sign" on the patient consent form when faxing the referral. GeneMatters will then obtain consent verbally from the patient and document in the patient's record.

How can an appointment be booked for genetic counseling through GeneMatters?

GeneMatters will contact the patient to schedule the appointment after receiving the FAX referral. The FAX needs to include: completed referral form, signed patient consent, Harmony Prenatal test results and ultrasound reports (if available).

How long does a normal session last?

Sessions are typically 30 minutes or less.

How many genetic counselors are available for consult?

GeneMatters will provide counselors sufficient to meet the need, and will scale as demand increases. Genetic counselor licensure and coverage spans every state. There are genetic counseling appointments during the day, evenings and weekends.

How much does a session cost?

The service is provided compliments of Roche, so the patient or physician do not need to pay for the cost of the session.

The Harmony Prenatal Test was developed by Ariosa Diagnostics, a CLIA-certified laboratory. As with other lab-developed tests, it has not been cleared or approved by the FDA and is not available for sale as an IVD in the US. Non-invasive prenatal testing (NIPT) based on cell-free DNA analysis is not diagnostic; results should be confirmed by diagnostic testing.